

City & Hackney's integrated Children and Young People's Emotional Health and Wellbeing Strategy 2021–2026



Our vision is that...

All children and young people have positive relationships that allow them to develop their abilities and gain the confidence that will help them thrive.

This is the first integrated children and young people's emotional health and wellbeing strategy, bringing together the collective ambitions of all partners across health, social care and education. It demonstrates our commitment to ensuring that all children, young people and families are supported throughout the life course with the means to have good emotional health and wellbeing and to develop the resilience that will allow them to maintain this throughout their lives.



Our principles

1. Build awareness and work preventatively.
2. Identify needs and intervene early.
3. Understand and respond to local need to ensure that service design is influenced by young people, families, caregivers and frontline practitioners.
4. Take a life course approach from conception to adulthood to deliver equitable access, effective interventions and managed transitions.
5. Make the best use of resources in a collaborative integrated system.

We will take a whole systems approach across the life course to deliver a comprehensive action plan that takes a preventative approach, promoting positive emotional wellbeing for all, alongside evidence based interventions targeted at those that require it the most.

Delivery of the strategy will be the responsibility of The City and Hackney 'Children and Families Emotional Health and Wellbeing Partnership'.