

Alternative service delivery for Golden Lane Leisure Centre users

Activity	Current session times	Alternative delivery	Alternative session times
Leisure Centre Memberships			
600 GLLC member	All operational hours	Membership transfer to Islington GLL / Better facilities aligned to their membership type	All operational hours
SEND			
SEND Swimming	Saturday: 9.00 – 9:30 10:30 – 11:00 11:30 – 12:00 13.00 – 13:30 13:30 – 14.00 14.00 – 14:30 14:30 – 15.00	The current coach to deliver sessions, in partnership with Hackney Anaconda Swimming Club, from City of London Girls School	Saturday: 9.00 – 9:30 10:30 – 11:00 11:30 – 12:00 13.00 – 14:30 13:30 – 14.00 14.00 – 14:30 14:30 – 15.00 - starting 9/5/2026
SEND multi-sports / football	Friday: 16:15 - 17:15	Delivered by the current coach from CitySport (at City St George's University)	Friday: 16:15 - 17:15 - starting 1/5/2026
SEND gym	Friday: 17:30 - 18:30	Delivered by the current coach from CitySport (at City St George's University)	Friday: 17:30 - 18:30 – starting 1/5/2026
Young at Heart			
Young at Heart (Membership)	All operational hours	Transfer Memberships to Islington Leisure Centres run by GLL / Better	All operational hours
Young at Heart (Table Tennis)	Friday: 14:30 - 16:00 Saturday: 11:30 - 13:00	Delivered from CitySport (at City St George's University)	Friday: 14:30 - 16:00 - starting 1/5/26 Saturday: 11.30 - 13:00 - starting 9/5/26 Not available 26/06/2026
Young at Heart (Line Dancing)	Monday: 18:00 - 20:00	Delivered by current coach from CitySport (at City St George's University)	Monday: 20:00 - 22:00 – starting 11/5/26 Excludes bank holidays
Young at Heart (Ball Room Dancing)	Thursday: 18:00 - 20:00	Delivered by current coach from CitySport (at City St George's University)	Thursday: 19:30 – 21:30 - until 21/05/26 Friday: 18:00 - 20:00 – starting 29/05/26

Activity	Current session times	Alternative delivery	Alternative session times
Young at Heart (Aqua)	Monday: 15:00 - 16:00 Wednesday: 15:00 - 16:00	Transfer Memberships to Islington Leisure Centres run by GLL / Better Aqua included within the main GLL / Better programme	Tuesday: 8:15 - 9:00 Wednesday: 19:00 - 19:45 (women only)
Young at Heart (Swim)	Thursday: 11:00 - 12:00 Saturday: 15:00 - 16:00	Transfer Memberships to Islington Leisure Centres run by GLL Free Improver / Beginner Swimming Lessons	Friday: 11:00 - 11:30 Friday: 11:30 - 12:00
Young at Heart (Tai Chi)	Tuesday: 12:30 - 13:30	Delivered by current coach from CitySport (at City St George's University)	Tuesday: 17:00-18:00 - starting 12/5/26 Please note there will be no session on 30 June, due to a planned closure of the sports hall on that day.
Young at Heart (Gentle Exercise)	Thursday: 10:00 - 11:00	Delivered by current coach from Golden Lane Community Centre	Thursday: 10am-11am - starting 14/5/26
Young at Heart (Short mat bowls)	Monday: 15:00 - 16:00 Wednesday: 15:00 - 16:00	Delivered from CitySport (at City St George's University)	Monday: 14:00 - 15:00 - starting 25/5/26 Not available 29/06/2026
Young at Heart (Pickleball)	Tuesday: 14:30 – 15:30 Thursday: 9:00 - 10:00	Delivered from CitySport (at City St George's University)	Tuesday: 14:30 – 16:00 Thursday: 9:00 - 10:00 Please note there will be no session on 30 June, due to a planned closure of the sports hall on that day.
Young at Heart (Gym)	Monday: 11:00 - 12:00 Tuesday: 12:30 -13:30 Wednesday: 14:00 - 15:00 Friday: 9:00 - 12:00 Saturday: 10:00 -11:00	Transfer to Islington GLL / Better	All operational hours
Young at Heart (Tennis)	Monday: 10:00 – 11:00 Friday: 10:00 – 11:00	Tennis Courts to remain open at Golden Lane Leisure Centre and existing bookings to be retained	Monday: 10:00 - 11:00 Friday: 10:00 - 11:00
Better Get Together (Multi-Sport)	New	Finsbury Leisure Centre	Wednesday: 10:30 - 12:30
Free Improver/ Beginner Swimming Lessons	New	Ironmonger Row Baths	Friday: 11:00 - 11:30 Friday: 11:30 - 12:00

Activity	Current session times	Alternative delivery	Alternative session times
Age UK 55+ City of London Programme			
Zumba	Monday: 10:30 - 11:30	Portsoken Community Centre	Existing programme
Movement to Music	Wednesday 16:00 – 17:00	Portsoken Community Centre	Existing programme
Chair Yoga	Friday 10:00 - 11:00	Zoom	Existing programme
Tai Chi	Friday: 14:15 - 15:15	Delivered by the current coach - Golden Lane Community Centre	Existing programme
Public Health Programmes			
Adult Exercise on Referral (EOR)	Programme	GP's to continue to refer patients for EOR to GLLC@cityoflondon.gov.uk Options available at the time will be offered to patients. These are currently being developed further	Programme timings to be confirmed
Adult (WM)	Programme	GP's to continue to refer patients for WM to GLLC@cityoflondon.gov.uk Options available at the time will be offered to patients. These are currently being developed further	Programme timings to be confirmed
Sports Hall			
Badminton (various)	Monday: 18:30 - 20:00 Wednesday: 17:30 - 18:30 Weekdays: 10:00 - 11:00, 14:00 - 15:00, 15:00 - 16:00	Groups to book directly with local facilities including CitySport (at City St George's University)	For groups to complete directly
Taekwondo	Tuesday: 18:30 - 19:45	Groups to book directly with local facilities including CitySport (at City St George's University)	For groups to complete directly
Tennis Courts			
Charterhouse School	Monday - Friday: 11:00 - 12:00 Monday, Tuesday, Thursday: 14:00 - 15:00 Tuesday: 9:00 - 10:00	Tennis Courts to remain open at Golden Lane Leisure Centre and existing bookings to be retained	Monday - Friday: 11:00 - 12:00 Monday, Tuesday, Thursday: 14:00 - 15:00 Tuesday: 9:00 - 10:00

Activity	Current session times	Alternative delivery	Alternative session times
Private lesson (Tennis coach)	Tuesday: 8:00 – 9:00, 12:00 - 14:00, 18:00 - 19:00 Wednesday: 8:00 - 9:00, 12:00-14:00 Thursday: 8:00 - 9:00, 12:00 - 14:00, 19:00 - 20:00 Friday: 8:00 - 9:00 Saturday: 8:00 - 16:00 Sunday: 12:00-14:00		Tuesday: 8:00 - 9:00, 12:00 - 14:00, 18:00 - 19:00 Wednesday: 8:00 - 9:00, 12:00 - 14:00 Thursday: 8:00 - 9:00, 12:00 - 14:00, 19:00 - 20:00 Friday: 8:00 - 9:00 Saturday: 8:00 - 16:00 Sunday: 12:00 - 14:00
Young at Heart	As above		As above
SocietyLinks Tower Hamlets (Youth and Play Sports Programme)	Monday: 16:00 - 18:00 Tuesday: 16:00 - 18:00 Wednesday: 16:00 - 18:00		Monday: 16:00 - 18:00 Tuesday: 16:00 - 18:00 Wednesday: 16:00 - 18:00

Swimming Pool

Hackney Anaconda Swimming Club	Various	Delivered from City of London Girls School	Various
WeSwim	Wednesday: 18:15 - 19:30	Golden Lane Leisure Centre did not fully meet WeSwim's needs. Alternative venue is being sought in partnership with WeSwim	TBC
Swim School	Various	Swim School is available at Islington GLL / Better facilities	Residents interested in swim school can contact GLL/ Islington Centres directly