



Left to right:  
Enjoying the permissive horse ride route at Warlies; Riders of all ages can explore Epping Forest; Pausing for a pat.

For further information or to purchase a licence please contact:  
Chingford Golf Course, Bury Road, London E4 7QJ  
Tel: 020 8529 2085  
epping.forest@cityoflondon.gov.uk  
www.cityoflondon.gov.uk/eppingforest

Follow us on Twitter@CoLEppingForest or visit  
www.cityoflondon.gov.uk/eppingforest  
to stay in touch with Epping Forest.

## Horse riding

Epping Forest is a public open space and registered charity, owned and maintained by the City of London. Its 2,495 hectares (6,166 acres) are a mixture of ancient woodlands, heaths, bogs, ponds and grassy plains.

Around two-thirds of the area is a Site of Special Scientific Interest and Special Area of Conservation in recognition of the Forest's veteran pollarded trees and their associated wildlife.

Horse riders are welcome in Epping Forest and can enjoy approximately 96 kms (60 miles) of shared use trails which form a network throughout the Forest.

Epping Forest is a Registered Charity, no 232990

### Things you need to know about horse riding in Epping Forest...

#### Shared use trails and public bridleways in Epping Forest

There are two classes of shared use trail: surfaced and unsurfaced.

Always pass other Forest users slowly and be aware that the trails are used by others. Carriages and motorised vehicles are not permitted.

The current network of shared use trails is shown on the accompanying map. Public bridleways are not subject to restrictions under the 1971 Act.

#### Horse riding licence

Horse riders must display a valid horse riding licence disc, which can be purchased from Chingford Golf Course. Failure to do so could result in prosecution and a fine.

Details of the licensing scheme are available online at [www.cityoflondon.gov.uk/eppingforesthorse riding](http://www.cityoflondon.gov.uk/eppingforesthorse riding)

#### Seasonal restrictions

Surfaced shared use trails and non-restricted horse riding areas are open all year, unless otherwise signposted.

Unsurfaced shared use trails, marked by white posts, may be closed when ground conditions are unsuitable.

During the summer months, free-rangeriding is available

at the Conservator's discretion, in the north of the Forest. The dates of opening and closing of the summer free range areas are available at [www.cityoflondon.gov.uk/eppingforesthorse riding](http://www.cityoflondon.gov.uk/eppingforesthorse riding)

#### Temporary Restrictions

Please observe any temporary signage indicating additional horse riding restrictions.

#### Out of bounds areas

Certain areas are 'out of bounds' to horses for historic, scientific or safety reasons. These include the Iron Age earthworks of Loughton Camp and Ambresbury Banks and a section of the meanders of Loughton Brook along with other areas marked on the map.

#### Buffer Land

The City of London owns some 734 hectares (1,813 acres) of Buffer Land adjacent to the Forest. Public bridleways cross through part of Woodredon Park and Warlies Park. In addition, there is a network of permissive horse rides at Warlies Park.

#### Parking

If boxing in, please be aware that some car parks have height restrictions and limited space. You are advised to check accessibility in advance of your visit.

#### Epping Forest Byelaws

For byelaws that apply to horse riders, please see our website [www.cityoflondon.gov.uk/eppingforest](http://www.cityoflondon.gov.uk/eppingforest)

### Horse riding Restrictions

Horse riding in Epping Forest is restricted under the provisions of Section 9 of the City of London (Various Powers) Act 1971. The restrictions are available on our website [www.cityoflondon.gov.uk](http://www.cityoflondon.gov.uk) and are signposted in the Forest. A summary of the restrictions is set out below:

1. North of a line represented by Rangers Road and Bury Road, riding is restricted to designated shared use trails during periods of the year when the Conservators consider that unrestricted riding would cause damage to the Forest and/or conflict with other Forest users.
2. South and west of line formed by Rangers Road and Bury Road, riding is restricted all year round to designated shared use trails apart from an unrestricted area on Leyton Flats.
3. Horse riding is prohibited all the year round in the following areas:
  - Addison's Meadow
  - Alms House Plain
  - Ambresbury Banks
  - Connaught Water access path
  - Deershelter Plain
  - Epping Forest Centre (other than for enquiries)
  - Genesis Slade
  - High Beach access path
  - Jubilee Pond access path
  - Knighton Wood access path
  - Long Running
  - Loughton Brook
  - Loughton Camp
  - Paul's Nursery
  - Queen Elizabeth's Hunting Lodge
  - Queen's Green
  - Red Path
  - Sheppard's Meadows
  - Sunshine Plain
  - The Pillow Mounds
  - The Selvage

- The View (other than for enquiries)
- The Warren Plantation
- Theydon Green (save that horseriders may ride along the edges of the Green to a depth of 10 metres)
- Theydon Plain
- Town Green, Epping.

Restrictions do not apply to the following areas and a horse riding licence is not required:

- Aimes Green, Waltham Abbey
- Blind Lane, Sewardstone
- Blind Lane, Upshire
- Clapgate Lane, Waltham Abbey
- Copthall Green, Upshire
- Crabs Green, Thornwood
- Epping Long Green, Epping Upland
- Fisher's Green, Waltham Abbey
- Galleyhill Green, Waltham Abbey
- Gibbon's Bush Green, Epping Upland
- Green Lane, Sewardstone
- Puck Lane, Waltham Abbey
- Rugged Lane, Upshire
- Sergeant's Green Lane, Upshire
- Sergeant's Green, Upshire
- Sever's Green, Epping Upland
- Sewardstone Green
- Sewardstonebury Green
- Upshirebury Green, Upshire
- Verges along Bury Lane, Epping
- Verges along Galleyhill Road, Waltham Abbey
- Verges along Pick Hill, Upshire
- Verges along Woodgreen Road, Upshire
- Verges alongside Lippitts Hill, High Beach.

The accompanying map indicates the restricted, unrestricted and prohibited areas in relation to horse riding.



## Epping Forest

Registered Charity

# A guide to horse riding in Epping Forest

This is one of 14 green spaces managed by the City of London at little cost to the general public.

**USEFUL CONTACTS**

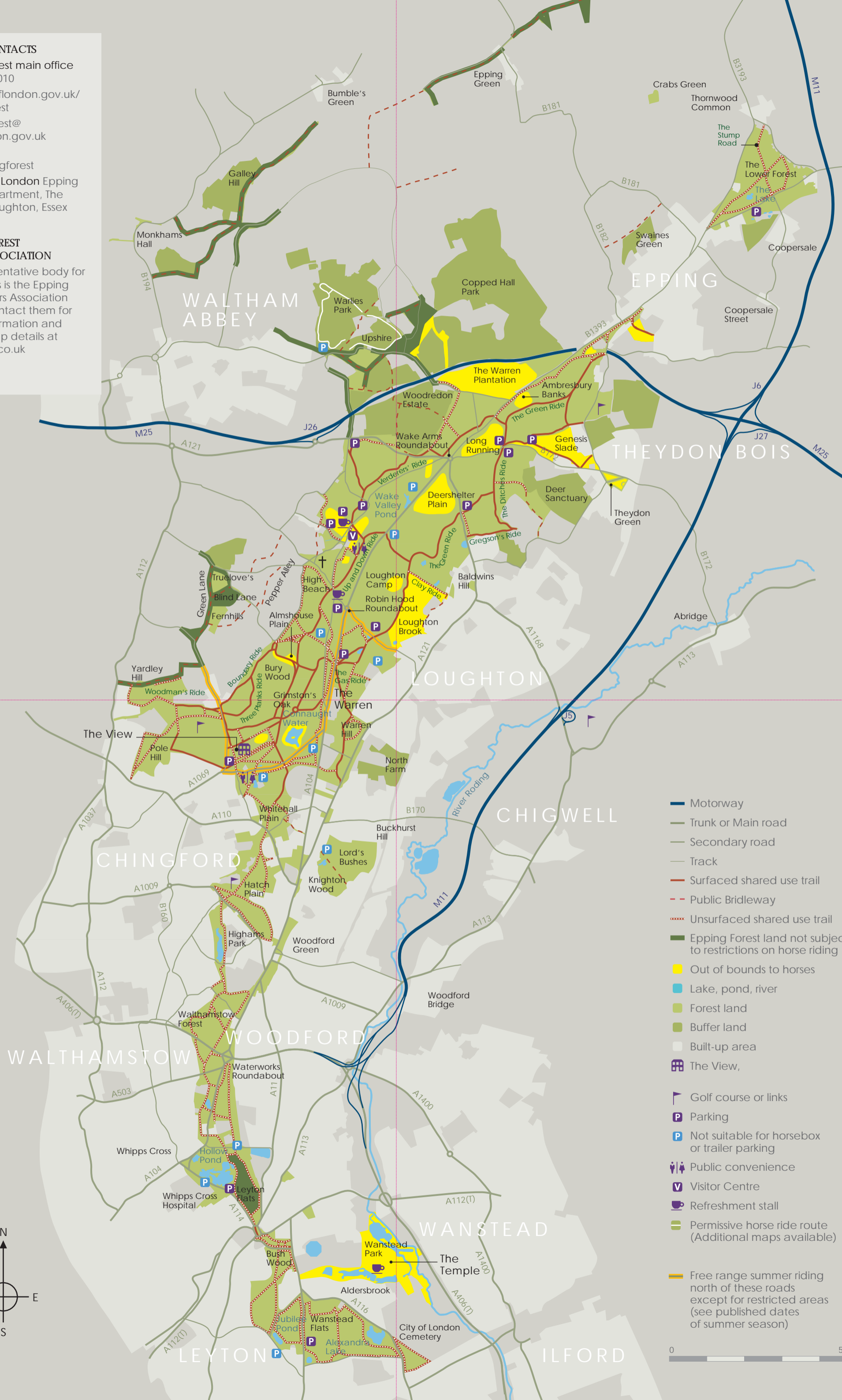
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**EPPING FOREST  
RIDERS ASSOCIATION**

The representative body for  
horse riders is the Epping  
Forest Riders Association  
(EFRA). Contact them for  
further information and  
membership details at  
www.efra.co.uk



- Motorway
- Trunk or Main road
- Secondary road
- Track
- Surfaced shared use trail
- Public Bridleway
- Unsurfaced shared use trail
- Epping Forest land not subject to restrictions on horse riding
- Out of bounds to horses
- Lake, pond, river
- Forest land
- Buffer land
- Built-up area
- The View,
- Golf course or links
- Parking
- Not suitable for horsebox or trailer parking
- Public convenience
- Visitor Centre
- Refreshment stall
- Permissive horse ride route (Additional maps available)
- Free range summer riding north of these roads except for restricted areas (see published dates of summer season)

